

The Sphere of Availability

Magical Techniques for Abundance

By John Vincent 2016

Acknowledgement

From a maverick esoteric thinker and author of the 1960's

The inspiration for this came from a rare forgotten book called: The Art and Practice of Getting Material Things Through Creative Visualisation by Ophiel.

“Ophiel (Edward c Peach) was an eclectic teacher and thinker with an uncanny ability to make esoteric ideas understandable and available to all”

The Sphere of Availability technique from the aforementioned book was also developed by author Dave Lee in his book: Chaotopia, and I myself have expanded upon it further using Neuro-Linguistic Programming (NLP) and Hypnosis to take this process to the next level.

Preface

Its time to start looking for Coincidences, Synchronicities and other examples of Manifesting in your life...

That's simple.

Something a child can do!

The more your start tuning your awareness to notice examples of things happening at the same time (unexpected good luck and fortune)... actively looking for meaningful coincidences and experiences and things coming to you, the more you will see them.

Where you put your attention, you put your attention. It's what you spend your time focusing on. The more of your time you spend focusing on the experiences and possessions that are amazing in your life, the more you fill your experiences with those thoughts.

Keep a journal of the amazing coincidences, experiences and items that come to you... because I want to hear about them! Write your AMAZING experiences up and send them to me.

This works.

When you do it.

Is NOW the time that you do it?

Is it NOW that you start to take the time to do the things that get you what you want?

Introduction

This technique is best used for getting material things.

The Western world seems generally more concerned with 'things', whereas the East is more interested with experience.

The West is about techniques that make a change and get results.

The East is more about the processes for spiritual growth, development, a higher connections to the source.

A happy balance of both, I have found, is perfect for modern living.

Inside this short treatise on The Sphere of Availability you will deepen your understanding of how things come to you. And by 'come to you' we all know there is that step of doing stuff... the taking of Efficient Action to achieve what you desire.

It is deliberately brief while containing everything you need to know to accelerate your manifesting, to supercharge your results and successes. And when you succeed and succeed again you set yourself on course to succeed more...

Read this short work and apply the information to your daily practices, to your attitude about the world, to your very being and notice noticing the successes you achieve.

Understanding Your Sphere of Availability

What's Inside Your Sphere?

There are things that you have. These are inside your Sphere of Availability.

There are things that you don't have and want... some of these are inside your Sphere of Availability and some are not.

Then there are things that you want that you don't have that are not inside your Sphere of Availability... yet! And you want them to be.

This process is not so much about 'bringing them into your Sphere of Availability'. It's more about expanding your Sphere of Availability to encompass them.

A subtle but important distinction.

Richard Branson has things inside his Sphere of Availability (SOA) that I don't. He has within his SOA: the owning of an island, an airline and more. Richard Branson has a large SOA.

And we are going to enlarge yours with this program.

Chunking

When most people first hear about the Law of Attraction they tend to think about having a huge house, a fast car, holidaying or living by tropical beaches, not having to work anymore...

They day dream about having it all, they may even put up a 'vision board' but for 99.9% of people absolutely NOTHING happens!

Typically the person is starting from a place of debt and imagining being a multi millionaire in just a few months time.

Then it doesn't work. Nothing happens.

Because these things just aren't in the persons Sphere of Availability.

They are way too far out of reach... at that time.

And therein is the key. It is possible to expand your Sphere of Availability so that anything is within reach.

Chunking your goal into smaller pieces (pieces or things that are within your Sphere of Availability). Going from \$50k in debt to being a millionaire is a big step! And it is not going to happen overnight.

Sure there will always be the amazing stories and testimonials of people who went from huge debit to millionaire lifestyles in months, (just like there is always a friend of a friend who won the lottery). What you don't hear is how everything else in their life was so alined that one simple adjustment made a huge sift for them or what else was going on behind the scenes.

While its important to have and set big goals, its also important to chunk them into smaller steps on the way.

There is a friend of mine who wanted to move and live in a very spiritual town she had fallen in love with but she couldn't afford to buy there...

Buying a house is only one way of living in that location. Renting presents another opportunity to enjoy living there without the same expense as buying.

When I pointed this out to her that the option of living there without buying is within her Sphere of Availability, her face changed. She was so set on buying (she had even been visiting apartments and houses) that it hadn't occurred to her to live there and rent.

In his book Ophiel cites the example of a person so poor they hadn't even carpet or rug to cover the hard stone floor of his room in Paris.

First the person 'visualised' having a piece of carpet to keep his feet warm, and he ended up being a millionaire. The point is he didn't start with the goal of being a millionaire. He started with something within his Sphere of Availability.

Wallace Wattles in his best selling book *The Science of Getting Rich* talks about a man (I have my suspicions that he was talking about himself and his own successes using these techniques), who had a modest house and visualised an anthracite stove to keep him warm. The focus of his attention and visualisation was achieved and he expanded upon it. In the end he was adding new wings to his house. Again here, small steps are taken first.

A wonderful friend of mine and New Thought Scholar has in the past spoken to me about the setting of goals. He talks of Goals that are ones you can achieve (i.e. they are inside your SOA) so that you get results. You see things working, you get the experience of your manifesting working for you.

In the Treasure Charts Blueprint I share with you a fantastic Neuro-Linguistic Programming (NLP) technique for strategically planning these smaller 'wins' that improve your manifesting abilities and keep you on track.

Backwards Manifesting

Manifesting is subtle stuff...

Rather than looking forward to all the things you want, take a moment to look back at the things that have happened for you that are truly wonderful.

Looking forward visualising what you do want is, of course, the focus of this work. And looking back at your previous successes manifesting what you want is a powerful way to increase your manifesting abilities.

In fact, remembering in vivid detail and feeling the feelings of being in a 'Luckier State' is the basis of a luck boosting exercise that Paul McKenna Phd shown me a number of times.

I know someone who is an embellisher of stories. The details are misremembered, sometimes massively. I've heard him tell the story after the event happened and its a larger than life version of what happened. Then each subsequent time the story is retold it gets embellished more and more, details that don't add to the story/memory are left out and co-incidences and chance events are magnified!

The telling of these tales is something that inspires others, generates states of wonder in the people listening and boosts his own belief in his manifesting abilities.

Manifesting a golden egg into reality is something that only Sia Baba can do (or any other sleight-of-hand artist), thinking of something and it just dropping in your lap isn't how manifesting works. It's way more subtle than that.

So subtle that most people miss it.

In examples of pure manifesting the sceptical people dismiss the 'magic' as just coincidence, missing the whole point that it IS coincidence, synchronistic, luck, manifesting whatever you want to call it.

It's time to start looking for Coincidences, Synchronicities and Examples of Manifesting in your life.

The more you start tuning your awareness to notice examples of things happening at the same time, unexpected good luck and good fortunes... actively looking for meaningful coincidences and experiences, the more you will see them and the more you will experience them.

Where you put your attention, you put your focus. It's what you spend your time focusing on and noticing that you get more of it.

The more of your time you spend focusing on the experiences and possessions that are amazing and happened for you, the more you are 'living there'

It's about opportunity. Keeping your eyes open to opportunities around you and taking them.

Professor Richard Wiseman conducted a 10 year long study into luck and concluded that becoming luckier is something that you can learn.

This is a university professor and sceptic saying this!

An academic professor in the UK concluding from his research that becoming luckier IS something that can be learned.

But more importantly are the four principles Professor Wiseman identified. These are another usable model and one that is scientifically based.

- Keeping Your Eyes Open to Opportunity
- Trusting Your Intuition
- Using the Power of Expectation (It's Already Done!)
- Making Good Luck Out of Misfortune

There is overwhelming evidence to show that some people are good at manifesting. I'm sure you know of people like that...

There is enough scientific, psychological and spiritual understanding of luck, manifesting, synchronistic whatever you want to call it to show that:

1. It exists
2. People go from not being able to do it, to being able to do it, i.e. it is learnable

The First Step is to take stock of what is inside your Sphere of Availability:

- a) The things that you have
- b) The things that you have access to but don't yet have

The Second Step is to Start Expanding your Sphere of Availability to include the things you desire that aren't in your Sphere of Availability and then start manifesting them into reality too.

In the example of the man who wants a rug, the rug is already within his Sphere of Availability, a sports car is not. You must pick something that is within your Sphere of Availability and go after that first.

You are going to use your Treasure Chart and the Visualisation Techniques with images of the things that are within your Sphere of Availability to lead to the things that are not within it yet. Then reading the Ultimate Guide to Treasure Chests and implementing it as your secret weapon to expanding your Sphere of Availability you can start noticing more successes.

These techniques are fun!

Think about that... the '*are*' fun. No question asked, they are!

But that's only if you can see it from that point of view... if you can see down the reality tunnel that is: These Techniques Are FUN!

With the emphasis on: Fun. You do more things that get you results you want. You Succeed more and more often... living the life you dreamed of: Your Average Perfect Day.